

SPLURGE!

Stage Schedule

Friday

- 1:30 pm Models & Images Fashion Show** **Main Stage**
ARMAR Boutique, White Lily Boutique, Maggie Grace Boutique, LulaRoe, Shop Mondays, Cheeky Chic
- 2:00 pm Wyldewood Cellars Cooking With Wine Show** **Cooking Stage**
Learn how easy it is to use wine in everyday cooking
- 2:30-5:30 pm Lights, Camera, Action!** **Main Stage**
Spurge! Magazine's kid's fashion shoot contest (Registration & photos next to the Spurge! Main Stage)
- 3:00 pm Business Workshop – Advancing Your Career** **Main Stage**
Lessons from the other side of the desk by **Kara Hunt, SPHR Vice President of Human Resources for Delta Dental of Kansas.** Learn to navigate ever-changing work environments from the data explosion and technical advances to managing larger workloads and electronic communication tips and protocol. – sponsored by B98
- 3:30 pm TITLE Boxing Club** **Creative Stage**
presents a demonstration of boxing & kickboxing workouts by real-life members who have dramatically transformed their lives
- 4:00 pm Five Strategic Fashion Formulas** **Main Stage**
by image consultant and wardrobing expert **Carrie Trieschman of ImageWorks.** Get tips for combining separates, achieving the right fit and look, getting the most for your money and more!
- 5:30 pm Models & Images Fashion Show** **Main Stage**
Oaklyn Reece Boutique, MODEWichita, SPECS Eyewear, Lucky Rhinestone Boutique, Style Tribe Mobile Boutique, Paisley Parrot Fashion Truck by K.Lane's Boutique, All Yours Fashion
- 5:30 pm Wine Tasting – Drink Pink, It's Better Than You Think!** **Cooking Stage**
Join Good Life Guy for a fun and informative wine tasting sponsored by KNSS 1330/98.7. Guy Bower is host of The Good Life radio program on KNSS (limited seating)
- 6:30 pm Crave Beauty Academy EMPOWERMENT Hair Show** **Main Stage**
In a world that is filled with labels, Crave presents a powerful runway hair show that is more than entertainment...it is a statement!
- 6:30 pm Carrabba's Italian Grill Cooking Show with Joe Parten** **Cooking Stage**
Prosciutto Wrapped Pork Tenderloin with port wine fig sauce and their signature dish Pasta Weesie – sautéed shrimp with garlic and mushrooms in a white wine lemon butter sauce with pasta

Saturday

- 11:00 am Models & Images Fashion Show** **Main Stage**
ARMAR Boutique, White Lily Boutique, Maggie Grace Boutique, LulaRoe, Shop Mondays, Cheeky Chic
- 11:00 am Healthy Sweet Treats Cooking Show** **Cooking Stage**
by Krista Sanderson of Eat Real America - See how easy it can be to take REAL ingredients and turn them into snacks and desserts your whole family will love
- 12:30 pm "KFDI's Doggy Runway Fashion Show"** **Main Stage**
a benefit for **Hands of Hope Rescue.** Hosted by KFDI afternoon personality **Carol Hughes** sponsored by **KFDI 101.3** and **All Paws Pet Center** (Runway doggy walkers from **Models & Images & the Kansas Firefighters Calendar Team**)
- 12:30 pm Hyatt Regency Hotel Chef Paul Freimuth Cooking Show** **Cooking Stage**
also featuring culinary arts student, Envision's John Moses along with **Q92's Brett and Tracy** - Deviled Eggs with a Twist, Avocado Toast and Avocado Chocolate Mousse, **sponsored by Q92**

Saturday

- 1:30 pm B98's Morning Show DJ's** **Creative Stage**
Lukas & Careth present Women's Self Defense Class - with the Wichita Police Department
- 1:30 pm BUSY BRAIN CURE** **Main Stage**
Using mindfulness to rewire, refresh and de-stress presented by celebrity physician Dr. Romie - **Sponsored Via Christi Health** Learn to take control of your "busy brain" to improve focus, reduce anxiety and sleep like a baby. Say goodbye to stress and hello to feeling in charge of your life! (Meet and greet Dr. Romie at the Via Christi booth following the presentation, B-21)
- 2:30 pm Channel 963 and The BULL Shocker Pride Fashion Contest** **Main Stage**
hosted by Brian Jennings of 102.1 The Bull and Tommy Castor of Channel 96.3 Wear your most fashionable or outrageous Shocker regalia & join the fun! (Register in advance to be one of the contestants channel963.com, or www.1021thebull.com or you can visit the iHeartmedia booth (D-12) prior to the event on Saturday)
- 2:30-5 pm Lights, Camera, Action!** **Main Stage**
Spurge! Magazine's kid's fashion shoot contest (Registration & photos next to the Spurge! Main Stage)
- 2:30 pm Chef Josh Rathbun,** **Cooking Stage**
Siena Tuscan Steakhouse, Ambassador Hotel Cooking Show - Ricotta Ravioli and Cacio e Pepe
- 3:00 pm Models & Images Fashion Show** **Main Stage**
Oaklyn Reece Boutique, MODEWichita, SPECS Eyewear, Lucky Rhinestone Boutique, Style Tribe Mobile Boutique, Paisley Parrot Fashion Truck by K.Lane's Boutique, All Yours Fashion
- 4:00 pm ERIC FISHER LIVE!** **Main Stage**
Eric will showcase the latest cuts and styles
- 5:00 pm Zumba Fitness Show by Genesis Health Clubs** **Main Stage**

Sunday

- 12:30 pm Cooking with the Seasons with Krista Sanderson of** **Creative Stage**
Eat Real America - The most delicious and nutritious meals make use of in-season ingredients. Learn how to easily cut a butternut squash and turn it into a veggie-loaded Moroccan curry dish with exploding flavor! And, learn the secret to making kale taste surprisingly delicious!
- 1:00 pm Models & Images Fashion Show** **Main Stage**
Oaklyn Reece Boutique, MODEWichita, SPECS Eyewear, Lucky Rhinestone Boutique, Style Tribe Mobile Boutique, Paisley Parrot Fashion Truck by K.Lane's Boutique, All Yours Fashion
- 1-3:00 pm Lights, Camera, Action!** **Main Stage**
Spurge! Magazine's kid's fashion shoot contest (Registration & photos next to the Spurge! Main Stage)
- 1:30 pm Models & Images International Model Search** **Main Stage**
Sponsored by POWER 93.5 (Info. at 316-612-9070 or www.modelsandimages.com)
- 2:30 pm Models & Images Fashion Show** **Main Stage**
ARMAR Boutique, White Lily Boutique, Maggie Grace Boutique, LulaRoe, Shop Mondays, Cheeky Chic
- 2:30-3:30 pm Fairytale Princess Party** **Creative Stage**
A special treat for little girl's who come shopping with their moms or grand-moms! Meet our special princess guests Belle and Rapunzel! Sponsored by Happily Ever After Parties
- 3:00 pm Models & Images Model Search Results** **Main Stage**